

Puff Pastry

Ingredients:

	kg
Flour	1.000
Salt	0.010
Sovereign AV Cake Margarine NH	0.100
Water (Cold)	0.500
Sovereign AV Pastry Margarine	0.650

Method:

- Mix all the first ingredients together to form a dough, mix for 10 minutes on 2nd speed.
- After mixing allow to rest for 10 minutes.
- Pin the dough out to a rectangle, cover half with the Sovereign AV Pastry Margarine, fold over the remaining dough.
- Proceed to give it TWO Half turns. Cover and rest for 20 minutes.
- Give a further TWO Half turns, cover and rest for 20 minutes.
- Give it a final half turn, then proceed and finish as required.